



*"The world is a good place
when it is good to be a child in it."*

Balázs Véghegyi

Dear Parents!



Thank you for accepting our special welcome gift.

You are holding the Kindergarten Booklet prepared by the Unified Kindergarten of the XIII. district of Budapest, which you will use with your children and spend some precious time together.

To help you get ready for the academic year with the Kindergarten booklet:

- Our goal is to inform you and your children ahead of time about the location and the person who will be taking care of them.
- Based on our experience, providing visual information can assist your children in becoming familiar with their surroundings and can aid in developing their sense of security.
- Creating a bond of trust is essential for a successful introduction. This can be achieved by including pictures in the booklet and having the children's parents' explanations, which will assist in developing the child's self-assurance and feeling of safety.
- In the next 3-4 years, this can become your children's cherished childhood memory, and they can gather all the important information.





How parental cooperation in using Kindergarten Booklet can be helpful and a guide on how to assist your child in adjusting to kindergarten through the use of a booklet:

- On the exciting day of kindergarten enrollment, we will present you with our booklet to help you prepare for the beautiful journey ahead.
- To obtain nursery pictures, you may download them from the website under the "Information/Becoming a Kindergartener" tab. Alternatively, you may create images and attach them to their designated areas.
- Leaf through it and discuss the content as often as you can.
- Illnesses are common in children in the first year, so if they are absent from kindergarten, the booklet stays with them and keep them attached to their class.

Cooperation with teachers on the Kindergarten Booklet:

- Teachers with specialised expertise, such as developmental support teachers, special needs teachers, and kindergarten psychologists, can recommend extra materials for your child. This can facilitate a more seamless transition and improve your child's daily experience at kindergarten.

We appreciate your cooperation in ensuring a successful transition!

The staff of the Unified Kindergarten

THIS IS ME

My name is: _____

I am a Kindergartener. I am years old.



MY FAMILY

4

My family has members.

5

3

I can list their names:



THIS IS MY KINDERGARTEN

My kindergarten has a name, it is called logo.

The logo of my kindergarten
looks like this:



budapesti
ZAT
VODA

budapesti
XIII. KERÜLETI
GYESÍTETT ÓVODA

MY GROUP

I will go to _____

Kindergarten from September. This is the building,
and I will enter through the front door.

My group's name is: _____



MY KINDERGARTEN SYMBOL

My kindergarten symbol needs to be drawn on all my clothes and shoes at home so I can find it easily. It will also be on my changing wardrobe.



THE PEOPLE WHO LOOK AFTER ME

They are the kindergarten teachers: _____

and _____

They know the kindergarten well, and they tell me everything so I can be a good kindertener. I listen to them because they always tell me what's next, what we're going to do.

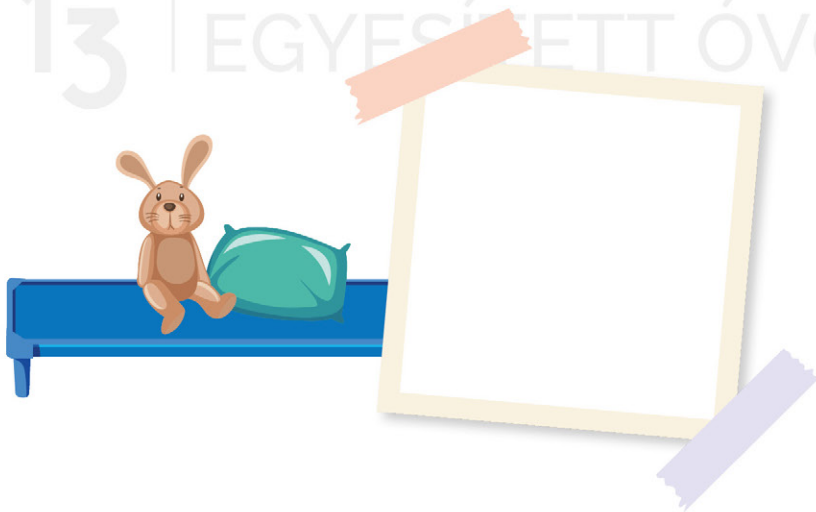


THE CLASSROOM

_____ will also be with me a lot. She will help me and we will play together every day.

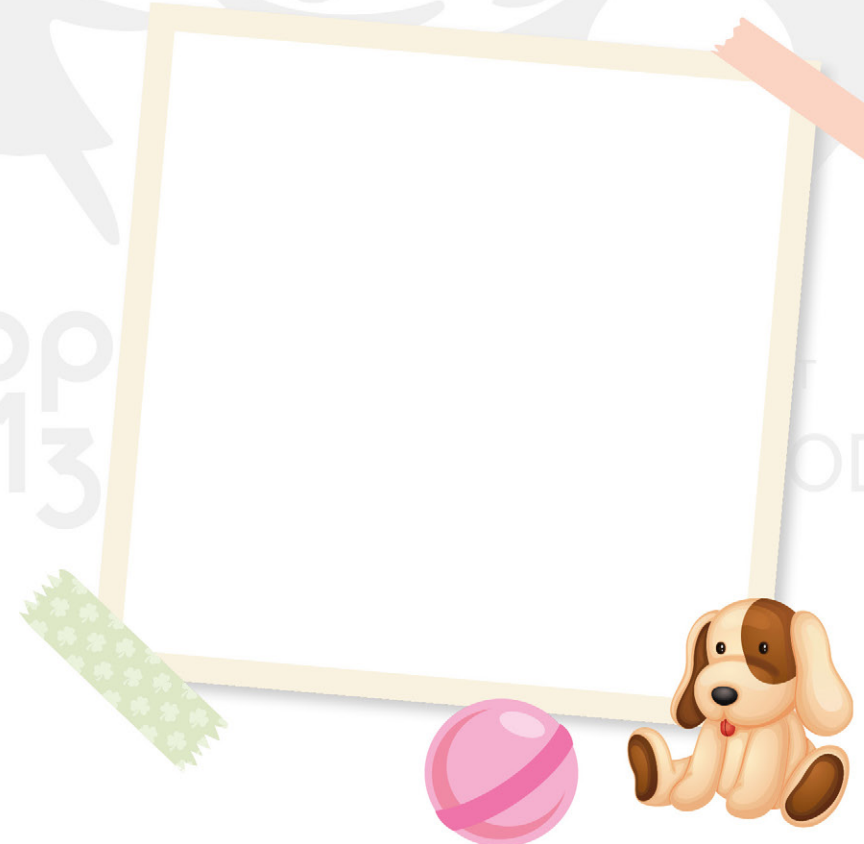


The nanny's name is _____. She always knows what's for lunch and she doesn't forget, where to put my bed to have a nice nap.



I will play, eat and rest in the classroom. So many games! The adults will show me where to play and how to play. I have lots of ideas too!

My favourite toy is _____



DRESSING AREA

This is the place where I change my clothes upon arriving at the nursery. It is also where I get dressed before going to the playground or heading home in the afternoon.



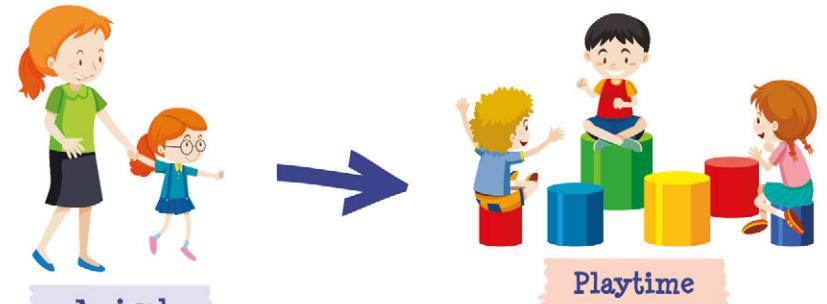
BATHROOM

This is the bathroom, where I can find the sink and toilet. I make sure to wash my hands here when I arrive in the morning before heading to the classroom. Additionally, I use it before meals and after using the toilet, or when my hands get dirty. If I make a mess during a meal, I wash my hands and mouth here. After lunch, I also take the opportunity to brush my teeth.



GARDEN / YARD

We go out to the garden every day except when it's raining. There are lots of toys there too, like in the playground.



Arrival



Playtime



Outdoor play



Morning snack



Lunch



Rest time



Free play



Going home

Getting Ready for Kindergarten – Introduction Form

Dear Parents,

This short questionnaire helps us get to know your child better before they start kindergarten. There are no right or wrong answers—every piece of information helps us to ensure that your child begins kindergarten in a safe and supportive way that suits their individual needs. Please fill in the sections below, and feel free to add any comments!



My name: _____

- ☐ I have not attended nursery/daycare yet.
☐ I attend / have attended nursery/daycare.

Since when: _____

What I Can Do on My Own

Getting dressed

- ☐ I can get dressed completely by myself.
☐ I need help getting dressed.

Eating

- ☐ I eat independently with a spoon.
☐ I need help getting dressed.

Drinking

- ☐ I drink from a cup by myself.
☐ I need help eating.

Toilet Use

- ☐ I use the regular toilet. ☐ I use a potty.
☐ I wear diapers.

Handwashing

- ☐ I wash my hands independently.
☐ I need help washing my hands.

Nap Time

- ☐ I nap after lunch. ☐ I only rest quietly.
☐ I do not usually nap.

How I Communicate

- ☐ I speak in sentences. ☐ I use words.
☐ I communicate through gestures (e.g., pointing, pulling someone toward something, making sounds).

How I Make Friends

- ☐ I speak in sentences. ☐ I use words.
☐ I communicate through gestures (e.g., pointing, pulling someone toward something, making sounds).

When Something Doesn't Work Out or I Get Upset

- ☐ I cry. ☐ I get angry.
☐ I withdraw and keep to myself. ☐ I ask for help.

Things That Describe Me

- ☐ Loud noises bother me.
☐ I like to be alone and in a quiet place when there is too much stimulation.
☐ I like to move around a lot and find it difficult to stay in one place.
☐ I have a special diet: _____
☐ I have a special diet: _____
☐ I am a picky eater.



How You Can Comfort Me:

Important Things to Know About Me:

My Favorite Activities (you may choose more than one)

- | | |
|---|---|
| ☐ Drawing, arts and crafts | ☐ Building / construction play |
| ☐ Physical activities / movement | ☐ Listening to stories |
| ☐ Singing | ☐ Using digital devices |

How to Help Me in Kindergarten!

I feel good when:

Things that are difficult for me:

Things that help me calm down:



BUDAPEST FŐVÁROS
XIII. KERÜLETI ÖNKORMÁNYZAT

EGYESÍTETT ÓVODA



Information and Services

If I Need Help...

- There are many kind adults at the kindergarten who can help me.
- They pay attention to me, understand me, and support me whenever I have difficulties.
- The kindergarten teachers help me play, learn, and they make me feel safe.
- If it is difficult for me to get used to kindergarten, or if too many things are happening around me at once, my parents can ask the kindergarten psychologist for support.
- There are developmental specialists (special education teachers) who can support my development in kindergarten, for example by helping me:
 - move more skillfully,
 - speak more effectively,
 - play and interact with others more easily.
- The adults always work together with my parents to find what is best for me.

For Parents

- Starting kindergarten can bring many questions – you are not alone in this.e.

If, as a parent, you have questions, or if you feel that:

- your child needs additional support,
- you are uncertain about something,
- you would like to discuss a particular situation,

- please feel free to contact us!
- How We Can Work Together
- Conversations with kindergarten teachers
- Consultations with specialists
- Joint problem-solving and finding the best solutions together
- If you have any questions, please do not hesitate to reach out to us!

Connect – Parent Community and Support

- Themed parent events
- (e.g., child development, parenting topics)
- Parent discussion groups and communities
(e.g., KerekKocka, Strength-Based Parent Group for parents of children with diverse developmental pathways)
- Connection with the parent community and parent advocacy groups
- Parent meetings and consultation opportunities
– at least twice a year, and anytime upon request.
- Every child's development in the kindergarten is supported by a professional team, including:
 - kindergarten teachers,
 - a kindergarten psychologist,
 - a developmental educator
 - special education professionals.



Additional Support We Can Offer

Individual Assistance

- **Mediation**

If you experience difficulties in a situation, we can help facilitate mutual understanding and we can support collaborative problem-solving.

- **Legal Advice**

If needed, free legal assistance is also available.

Contact: egyesitettovoda@ovoda.bp13.hu

- **Stay Connected with the District XIII. Unified Kindergarten**



Honlap



Facebook



Instagram



TikTok



Youtube

